

**A Parent/Carer Guide for
Supporting your son's
revision**

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Examining boards

AQA

- ▣ www.aqa.org.uk
- ▣ Then follow the route:
- ▣ There are links to
 - Specifications (the syllabus)
 - Assessment material
 - Coursework
 - Notice board
 - Examiners' reports

Examining boards

Edexcel

- ▣ www.edexcel.org.uk
- ▣ Then Qualifications / subject index
(select relevant letter)
- ▣ When you reach subeject page, select correct qualification and scroll down to find specification, assessment material and examiner reports

Examining boards

OCR

- www.ocr.org.uk
- Then Candidates / Parents
- Useful documents
 - Datasheets, Factsheets, Overviews & Info packs
 - Information Briefs
 - Markschemes and materials
 - Specifications and Syllabuses
 - Specimen assessment materials
 - Student Guides and Materials
- Then scroll down to find your subject

Frequently asked questions

What happens if the pupils clash for a Public Examination?

- ▣ Clash: tell us as soon as possible (although we try and identify them)
- ▣ Specific arrangements will be made on an individual basis

Frequently asked questions

What happens if the pupils are late for a Public Examination?

- ▣ There are strict regulations about what we can do for pupils who are late; if problem ring school immediately and get into school as quickly as possible

Frequently asked questions

What happens if the pupils miss a Public Examination?

- ▣ If pupil is unwell, the best approach is to come in and sit the exam, and then we can put in Special Consideration report (v. helpful if this is supported by doctor's note - can be obtained after the exam)
- ▣ If pupils do not sit exam, no marks unless there is a doctor's note given to us

**PARENTS/CARERS CAN PLAY
A MAJOR ROLE**

Key issues

- All pupils want to do well- some find it more difficult than others to start
- Stress is a major factor surrounding young people and many will go into defence mode when confronted with threats
- Success breeds success
- Pupils need a sense that they are doing this for themselves



What are the main motivations for the exam?

- ▣ Negative reasons
 - 1) Parents say I must do it
 - 2) Just here because I am here-

- ▣ Dominated by fear of failure

Questions to ask your child





- ▣ What is driving you?
- ▣ Focus on the results day- what would be a success?
- ▣ How would you feel if you missed out?
- ▣ Where will it get me? (Put up pictures of college, University, or future employment)



Key to success

- ▣ Clear sense of what you want to achieve-ambitions and sense that you can only do your best
- ▣ Thorough preparation- planning, health, environment
- ▣ Effective revision techniques
- ▣ Management of stress

Parents/Carers can play a major role in this process

Learning & Revision: Factors for successful preparation



PRACTICE
MAKES
PERFECT

Don't let this be you...



Plan ahead!



KEEP
CALM
AND
CARRY ON
REVISING

Revision: definition



- ▣ Revision is another word for reviewing (v. helpful if this is supported by doctor's note - can be obtained after the exam)
- ▣ It is the process by which you re-read course essays, notes and textbooks in order to understand and remember what you have learned
- ▣ To be effective, revision requires accurate notes and careful planning....but that's not all

Timing for revision



- ▣ 40 min revision (short bursts)
- ▣ 20 min break (eat, drink, sing, TV, chat)
- ▣ Review regularly

Understand how your memory works

- ▣ New facts fade after a few hours
- ▣ Revise within 4 hours, fades after 24 hours
- ▣ Revise within 24 hours, fades after 4 days
- ▣ Revise within 12 days



Where will you revise



- ❑ School- would it benefit you to treat revision as a job?
- ❑ Home- away from friends



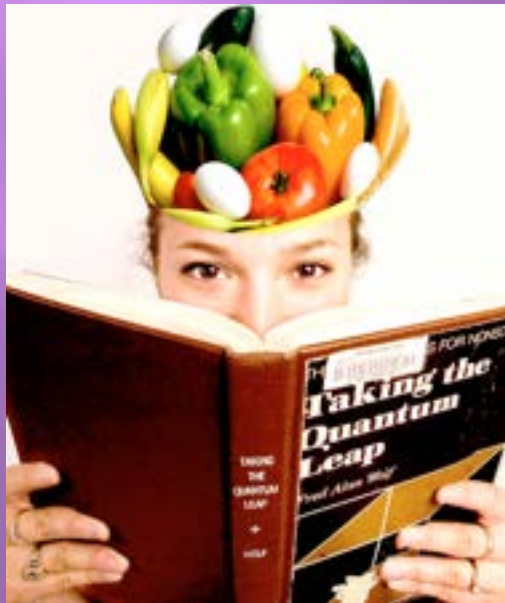


Factors for successful preparation

Diet



- ❑ Protein for the brain (fish, eggs, milk)
- ❑ Nuts & bananas for energy (chocolate effects don't last as long!!)
- ❑ Water



Preparation



Organisation helps relieve stress

- ▣ Tidy room
- ▣ Tidy desk
- ▣ Filed notes
- ▣ No TV
- ▣ Sound?
- ▣ Keep files, books, paper, pens, calculator near you

Preparation



Timing

- ▣ Draw up plan / timeline
- ▣ Dates of exam in **red**
- ▣ Blank out time you can't revise in **black**
- ▣ Allocate sessions

Puts you in
control .. Not a
waste of time!





Main points

Organisation helps relieve stress

- ▣ Find balance between working hard and working too much
- ▣ Devise revision timetable for outside lessons
- ▣ "You can only do your best!"